

COMMUNITY RESOURCES SARASOTA COUNTY

Food (Pantries and SNAP)

All Faiths Food Bank

Assists with free emergency food supplies along with public benefit application assistance, such as SNAP, Medicaid, TANIF, Social Security, Disability and Florida Kid Care.

- <https://allfaithsfoodbank.org/desoto-food-and-resource-center/>

Financial Resources (utilities, rent assistance, etc.)

Catholic Charities

Assistance with payments for rent, mortgage, and utilities, along with other basic needs.

- <https://catholiccharitiesdov.org/>

Jewish Family & Children's Services of the Suncoast

Financial assistance for rent and utility costs.

- <https://jfcs-cares.org/>

Salvation Army

Emergency financial assistance for rent/mortgage assistance and utilities.

- <https://sarasota.salvationarmyflorida.org/>

Women's Resource Center

Offers a private 30-minute legal consultation with a Family and Civil Law Attorney on family law topics such as divorce, child support, child custody, and much more.

- <https://www.mywrc.org/>

Legal Assistance

Gulfcoast Legal Services

Provides free civil legal services to vulnerable residents in Sarasota County.

- <https://gulfcoastlegal.org/>

Legal Aid of Manasota

Offers free civil legal services to residents of Sarasota and Manatee counties who have limited income and assets.

- <https://www.legalaidofmanasota.org/>

Mental & Physical Health Services

Centerstone

Provides inpatient and outpatient services for those suffering from mental health and addictions.

- <https://centerstone.org/>

Florida Department of Health - Sarasota County

Clinical health services for adults and children in Sarasota County. Offers a variety of health programs, including eligibility requirements, immunizations, community health, chronic disease, cancer screenings, WIC, immigration and refugee health, women's health, and nutrition programs.

- <https://www.sarasota.floridahealth.gov/>

Universal Crescent Clinic

Provides free healthcare to those uninsured or who cannot afford insurance regardless of race, gender and religion.

- <http://www.ucclinic.org/>

UNITED WE RISE, UNITED WE WIN.

unitedwaysuncoast.org    

UNITED WAY SUNCOAST RESOURCES for Sarasota County

FINANCIAL WELLNESS AT WORK

Support On The Job
Stability At Home



United Way Suncoast

UWS RESOURCES FOR SARASOTA COUNTY

Bank On Suncoast

Open a safe and affordable bank account and quickly setup direct deposit, pay bills, get a debit card and more. Bank On Suncoast offers 30 federally insured, overdraft free, low-fee accounts through our partner financial institutions. For more information or to open an account visit:

- <https://unitedwaysuncoast.org/what-we-do/income/bank-on-suncoast/>

Financial Coaching

Get support from a personalized financial coach; create and achieve goals from preparing a budget and building/repairing your credit to buying a home, getting a bank account, retirement planning and more. One-on-one private coaching is available 8 a.m.-8 p.m., every day.

- <https://unitedwaysuncoast.org/what-we-do/income/financial-coaching/>

Free Tax Help

Have your federal tax return prepared, e-filed, and direct deposited for FREE. IRS-certified tax preparers will file your taxes and ensure you get the largest refund for which you qualify. Need to file a prior year return? Volunteers can help with that as well. You may also be eligible for the Earned Income Tax Credit (EITC) and Child Tax Credit when you file. For more information visit:

- <https://www.uwsvita.org>

Money Matters: Help Your Dollars Make More Sense (Virtual Financial Stability Learning Series)

Engaging experts spend an hour on the second Monday of each month discussing a variety of important financial topics including budgeting, tax returns, building/repairing your credit score, home buying, retirement planning disaster preparation and more. Visit our Money Matters page for more information and to register for upcoming webinars.

- <https://unitedwaysuncoast.org/money-matters/>

Additional Resources

Resources may change and are subject to eligibility requirements. For the most up-to-date information and help with locating assistance, reach out to a United Way Suncoast Neighborhood Resource Center or 211, listed below.

211 Suncoast Cares

Call by dialing "211"

The caring specialists at 211 assist with a range of issues including housing, financial and hunger needs while identifying underlying problems and addressing root causes. If you need help and don't know where to turn, make 211 your first call.

- <https://211suncoastcares.org/>

988 Suicide & Crisis Line

Call by dialing 988

The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

- <https://988lifeline.org/>

COMMUNITY RESOURCES SARASOTA COUNTY

Education

United Way Suncoast partners with and invests in early learning organizations and preschools throughout Sarasota County. Thanks to these supports, more children living in our community have equitable access to a quality childcare and school experience, preparing them for the future.

United Way Education Partners:

Big Brothers Big Sisters of the Suncoast

Creates and supports one-to-one mentoring relationships.

- <https://www.bbbssun.org/>

Boys & Girls Clubs of the Sarasota and DeSoto Counties

Provides high quality out of school time for children and teens.

- <https://bgcsdc.org/>

Children First

Head Start and early childhood education

- <https://www.childrenfirst.net/>

Dreamers Academy

Provides after-school and literacy programming.

- <https://www.dreamersacademy.org/en/>

Early Learning Coalition of Sarasota County

VPK & childcare options and support.

- <https://earlylearningcoalitionsarasota.org/>

Preserve Vision Florida

Vision screenings for children and adults.

- <https://pvfla.org/>

The Florida Center for Early Childhood

Supports the healthy development of young children especially those with delays, disabilities or mental health challenges.

- <https://www.thefloridacenter.org/>